

## Apply for a grant through Healthy Am I

Full Name
Email Address
Phone Number
Please answer the questions below:
1. What geographic area will you be working/ teaching in?
2. How could Healthy Am I materials benefit the women in this area?

3. How will you teach Healthy Am I in this area?		
4. How many women/girls will you teach/ serve ?		
5. What hours would you like to be compensated for and what will you be doing those hours?		
6. How will you source menstrual supplies and materials of instruction for your students?		

7. How will you support women who would like to try a menstrual cup?	
8. Do you want HAI to have cups sent to you to give/sell? How many?	
9. Can you source other methods of menstrual care for your students?	
10. What time frame will your project be implemented and what date is completion?	
Summary:	
I will: by this date: HAI will: by this date:	
	Submit Form